

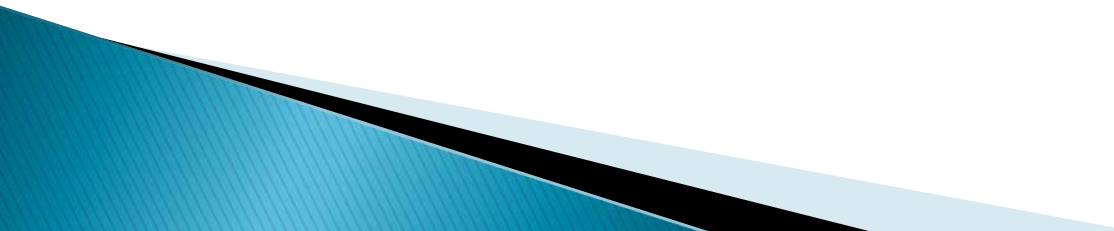
# Malnutrition



# # 1

- ▶ MALNUTRITION = UNDERNUTRITION
- ▶ MALNUTRITION = UNDERWEIGHT

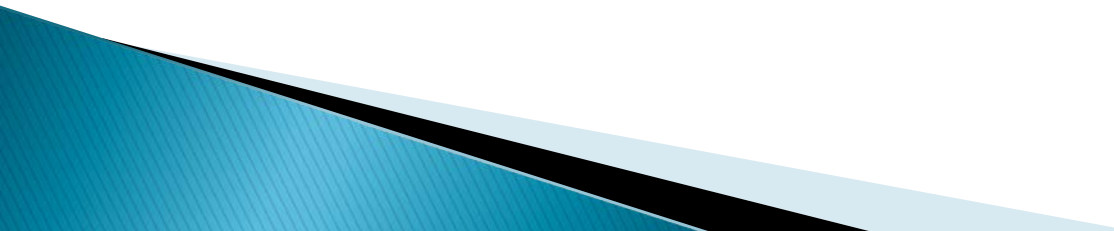
# Definition.

- ▶ **Malnutrition** is a broad term which refers to both undernutrition (subnutrition) and overnutrition. Individuals are malnourished, or suffer from undernutrition if their diet does not provide them with adequate calories and protein for maintenance and growth, or they cannot fully utilize the food they eat due to illness.
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# #2

- ▶ UNDERNUTRITION CAN BE CORRECTED BY BALANCED DIET.

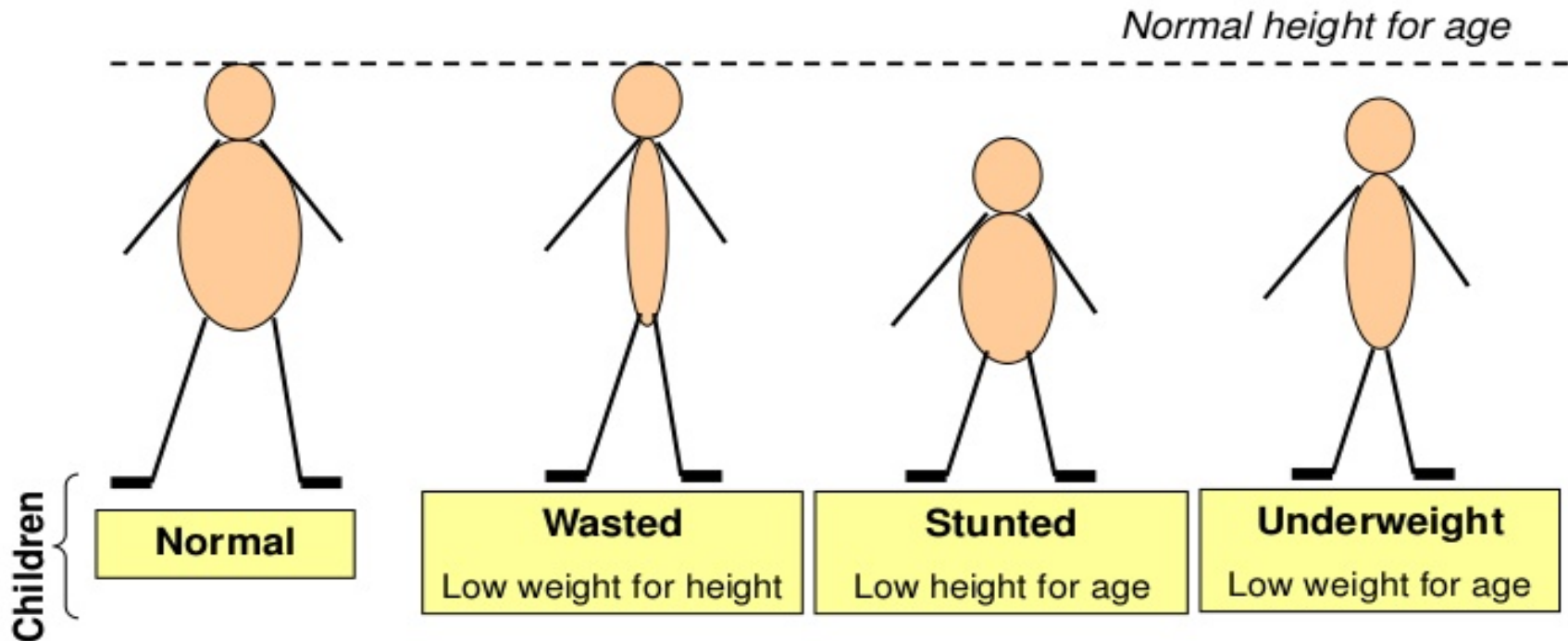
# Not necessarily...

- ▶ Illnesses
  - ▶ Mal -Mal
  - ▶ Sanitation and hygiene
  - ▶ Irreversible Changes
- 

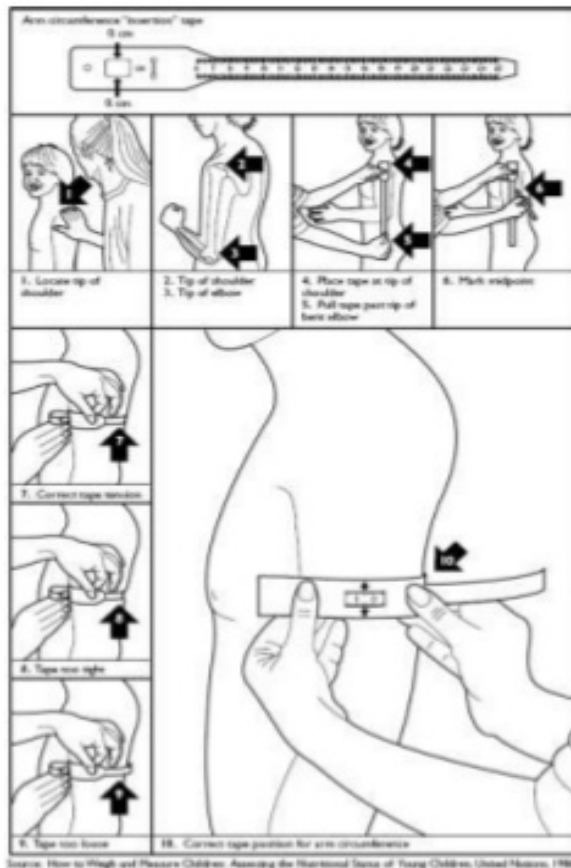
# Useful Concepts

- ▶ Growth monitoring
  - ▶ Growth faltering
  - ▶ Chronic vs Acute
  - ▶ Stunting
  - ▶ Wasting
  - ▶ SAM
  - ▶ MAM
  - ▶ 1000 days
- 

# Different Types of Childhood Malnutrition



# OVERVIEW OF METHODOLOGY: MUAC MEASUREMENT



- 6 mo – 5 yrs
- < 12.5 cm acute malnutrition

*Anthropometric indicators Measurement  
guide FANTA, 2003*



# Can Government Schemes Affect the Nutritional Status of Children?

# Thank you!!!

